

## **Home Dermoscopy Imaging**

Follow the steps below to take magnified images of your skin without the use of a device known as a dermoscope.

## **ITEMS REQUIRED**



Smartphone



Cotton Balls



Small Bowl



Fluid Media

## **STEPS**



Make sure you're in a well-lit area.

\* Use ambient indoor or outdoor light for illumination



Lightly soak the cotton ball in the fluid media and press gently over the lesion to make sure you have covered the whole lesion with fluid.



Center the lesion in the middle of your screen and take the photo approx. 10-15 cm (4-6 in) from your skin at a 45 degree angle.

\* Practice as many times as needed; it's important that the angle and distance are correct to ensure that your photos are as clear as possible for the professional to review.

## THINGS TO REMEMBER WHILE IMAGING



- Take more than one image of your skin condition
- Tap your smartphone's screen to focus the image
- If possible, have a partner or family member help you take your images
- Be sure that nothing covers the lesion such as bubbles from the fluid media
- If the lesion is covered with enough hair that it reduces the visibility of the skin, please shave the area. Only do this if the lesion is flat- never raised